

## 1976 Region 7AA Girls - Saturday, May 29th at Grand Rapids

**Teams:** Forest Lake 74, Duluth Central 50, Cloquet 47, Grand Rapids 40, Greenway 37, St. Francis 36, Hibbing 34, Duluth East 34, International Falls 31, Aurora-Hoyt Lakes 24, Proctor 20, Cambridge 12, Duluth Denfeld 8, Princeton 6.

### Two Mile Run

- 1 Kris Erickson, Camb 11:52.2
- 2 Wendy Havland, A-HL 12:03.5
- 3 Donna Hamsmith, Proc
- 4 Penny Hierlinger, SF
- 5 Sandy Olson FL
- 6 Jill Isaacson, DEast

### 110 Yd Hurdles

- 1 Patty Trebnick, Green 15.5
- 2 Heidi Hennemuth, Cloq 15.6
- 3 Martha Waller, GR
- 4 Cathy Peterson, FL
- 5 Cindy Howden, A-HL
- 6 Helen Miltich, GR

### 100 Yd Dash

- 1 Robin Swenson, FL 11.7
- 2 Debbie Hunter, Cloq 11.7
- 3 Sharon Meyer, DCent
- 4 Johanna McMillen DEast
- 5 Carmen Birt, GR
- 6 Kim Staken, Hib

### One Mile Run

- 1 Suzanne Wurl, DEast 5:31.6
- 2 Julie Horn, DCent 5:45.3
- 3 Gina Marcella, GR
- 4 Marge Ward, Prince
- 5 Jeanette Higgins, DCent
- 6 Sue Soboleski, IF

### 880 Yard Relay

- 1 Duluth Central 1:45.3 (Maddox, Meyer, Nash, Wien)
- 2 Int. Falls
- 3 Proctor
- 4 Aurora-Hoyt Lakes
- 5 Princeton
- 6 Greenway

### 440 Yd Dash

- 1 Johanna McMillen DEast 59.1
- 2 Robin Swenson, FL 59.2
- 3 Kris Erickson, Camb
- 4 Debbie Keel, SF
- 5 Jane Kovalacek, Proc
- 6 Peggy Siebe, Hib

### 180 Yd Hurdles

- 1 Patty Trebnick, Green 25.6
- 2 Martha Waller, GR 25.7
- 3 Helen Miltich, GR
- 4 Carol Polski, SF
- 5 Bobby Munson, Denf
- 6 Debbie Jean, IF

### 440 Yd Relay

- 1 Cloquet 51.0 (Hennemuth, Shoepck, Hunter, Parchem)
- 2 Duluth Central
- 3 International Falls
- 4 Hibbing
- 5 Cambridge
- 6 Forest Lake

### 880 Yd Run

- 1 Debbie Keel, SF 2:24.7
- 2 Jill Giederman, Proc 2:26.3
- 3 Mary Bunker, Green
- 4 Kari Demaris, Dul MP
- 5 Cindy Howden, A-HL
- 6 Deb Meinbeech, FL

### 220 Yd Dash

- 1 Robin Swenson, FL 26.6
- 2 Johanna McMillen DEast 26.7
- 3 Jeanne Maddox DCent
- 4 Rose Walker, IF
- 5 Terri Parchem, Cloq
- 6 Patty Nash, DCent

### Mile Relay

- 1 St. Francis 4:15.0
- 2 Forest Lake
- 3 Aurora-Hoyt Lakes
- 4 Hibbing
- 5 Cloquet
- 6 Duluth Central

### Shot Put

- 1 Julie Bracht, FL 37-1.5
- 2 Jayne Mackley, Hib 35-1.5
- 3 Debbie Peterson, Green
- 4 Diane Kraine, SF
- 5 Alice Perkins, DCent
- 6 Deb Bergrand, GR

### Discus Throw

- 1 Jean Columbus, GR 101-2
- 2 Jayne Mackley, Hib 99-5
- 3 Jane Mesich, Vir
- 4 Debbie Peterson, Green
- 5 Vicki Flamlan, FL
- 6 Lisa Roberts, Cloq

### High Jump

- 1 Jean Blais, IF 5-3
- 2 Rainie Schwab, FL 5-2
- 3 Michelle Price, Denf
- 4 Cathy Peterson, FL
- 5 Jane Bugliosi, Hib
- 6 Mary Lenth, IF

### Long Jump

- 1 Debbie Hunter, Cloq 16-4.25
- 2 Debbie Houghton, Hibb 16-4.25
- 3 Val Wien, DCent
- 4 Robin Swenson, FL
- 5 Cindy Howden, A-HL
- 6 Kim Stokes, Hib

**Notes:** Forest Lake was coached by Kathy Briguet.